

# CYPMatters

Every child and young person counts!

## Respect & listening

### **Child Rights Progress Reports: South Australia's progress on recommendations made by the UN Committee**

This report discusses progress on issues highlighted by the UN Committee as areas of concern: child health, education, physical punishment, disability, child justice and child protection. [More >](#)

## Health & wellbeing

### **Well-Being: Expanding the Definition of Progress - free book**

Improving well-being, equitable opportunities for people to thrive and to create meaningful futures, is central to building a culture of health. This is emerging, from well-being policies and budgets in Santa Monica, New Zealand and Iceland, to national efforts in Singapore to recalibrate attitudes and narratives about what matters. [More >](#)

### **Overcoming Indigenous Disadvantage: Key Indicators 2020**

This comprehensive report card measures where things have improved (or not) against 52 indicators across a range of areas including governance, leadership and culture, early childhood, education, economic participation, health, home environment and safe and supportive communities. [More >](#)

### **Under the radar: predatory digital marketing practices targeting kids**

As a society, we have a duty of care to look after the wellbeing of our children. This report highlights the alarming extent to which children's right to participate online, safe from harmful promotions, is being compromised. [More >](#)

### **Maternity high impact area: supporting good parental mental health**

This UK maternity 'high impact area' guide, looks at how local maternity systems can have the highest impact on the health and wellbeing of women and their babies by supporting parental mental health. [More >](#)

### **Keep caring: systemic inquiry into services for young people transitioning from out-of-home care**

To have the best possible chance at a good life, young people in care often need extra support to discover their aspirations, hone their talents and plan for their future. When they leave care, they need a stable home, a means of supporting themselves through work, study or training and access to services to address their needs. [More >](#)

### **Life in Lockdown**

More than 1400 children and young people aged 8-18 years of age participated in an online survey with the support of their school or community youth organisation. This report shares their reflections of COVID-19 during a seven-week lockdown at levels 3 and 4 during March-May 2020 in New Zealand. [More >](#)

### **'Coronavirus should inspire us to rewild cities to better support our children'**

Lockdowns have brought about a seismic shift in the way we think about space in the city and the negative effects on our health and wellbeing of urban environments which lack green or accessible nature areas. [More >](#)

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## Safe & nurtured

### **Effective interventions to reduce suicidal thoughts and behaviours among children in contact with child protection and out-of-home care systems – a rapid evidence review**

Suicide is the leading cause of death over the past six years in young people generally, and it has increased across every state and jurisdiction. Evidence suggests children and young people in out-of-home care are 4.9 times more likely to display suicidal behaviour than their 'at home' peers. [More >](#)

### **Taking us seriously**

This ongoing research project examines children and young people's perceptions of safety in institutional settings, and adults' capabilities in safeguarding children in their work with youth-serving organisations. [More >](#)

### **Children's Safety Survey Results 2018-2019**

This survey aims to hear from children and young people about how safe they feel in youth-serving organisations including schools, sports clubs and other places where children and young people learn, play and stay. [More >](#)

### **On-line safety overview, for carers of children and young people in out-of-home care**

The internet can provide children and young people with important connections and a sense of acceptance and belonging. Unfortunately, those living in out-of-home care can be at greater risk of online harms. [More >](#)

### **Learn to navigate difficult conversations with children about abuse with 'Talk to Me'**

The pilot 3D, interactive learning tool 'Talk to Me' aims to help adults build confidence in having conversations with children about difficult topics like abuse, and ensure children always feel listened to. [More >](#)

### **The case for ending child imprisonment questions & answers**

This report sets out the case for closing England's child prisons, warning that they are inflicting irrevocable harm on highly vulnerable children, harm which has been aggravated by the responses to the coronavirus pandemic. [More >](#)

### **Fathering programs in the context of domestic and family violence**

This paper examines how men's behaviour change programs, domestic and family violence specific fathering programs, and Aboriginal men's healing programs address fathering issues for men who use violence. [More >](#)

### **Children and technology-facilitated abuse in domestic and family violence situations**

This research explores the role technology plays in children's exposure to family and domestic violence. It shows the impacts of technology-facilitated abuse and highlights a range of strategies for protection and intervention. [More >](#)

### **National Child Protection Week 2020 Webinars**

These recordings of 10 webinars held during National Child Protection Week featured more than 30 inspiring speakers, all passionate about helping children thrive. [More >](#)

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## Enjoying & achieving

### **Coronavirus: Lockdown walk inspired social distancing game**

The free online game [Can you save the world?](#) is aimed at helping children see the importance of social distancing during the coronavirus pandemic. Co-designed by psychologist, Professor Richard Wiseman, the game is based on evidence that pro-social video games can change people's behaviour in the real world. [More >](#)

### **Students at this Colorado school are learning to teach themselves new skills**

Students at a small school in Colorado are enjoying a new kind of class where everyone chooses what to learn. Incorporating student voices into decision making and design of programs has had amazing results. [More >](#)

### **Preschool benefits Indigenous children more than other types of early care**

This study of NSW public school children shows preschool attendance appears to have developmental benefits for Aboriginal and Torres Strait Islander children, compared with home-based care in the year before school. [More >](#)

### **Attendance in Tasmanian schools improves off the back of free hot daily meals**

In a recent trial, hundreds of students at three Tasmanian schools were invited to a hot sit-down meal every day for four weeks. As well as improvements in attendance, the trial found that students were more focused in class after a nutritious lunch and sitting down to the same meal en masse removed social anxieties. [More >](#)

### **A new Education Department team aims to improve school experiences and results for children in care**

The Education in Care service seeks to inform teachers and schools about ways to better communicate with carers and children in care, and ensure they have the necessary resources and support for their educational needs. [More >](#)

## Participation

### **Pandemic has had 'a major impact' on children's experiences and rights**

The global 'Life Under Coronavirus' survey was designed by researchers with children, for children aged between 8-17 years. More than 26,000 children from 137 countries across five UN regions participated. Findings show that while for some children, things were better, others reported negative impacts. [More >](#)

## Prepared for adult life

### **One in three young Australians is unemployed or needs more hours, and the trend could last a decade**

New research details the devastating impact of the COVID-19 economic recession on people aged 15 to 24 with one in three young people being unemployed or under-employed at the end of what an advocate calls 'a year beyond imagining' for those trying to join the workforce. [More >](#)